

LEADING COMMUNION

Some key texts/points to remember:

- By his death and resurrection, Jesus started a family made up of all kinds of people who aren't necessarily related by blood, but by our living connection to Him.
- From the very beginning this family met weekly around tables and shared a meal together and then remembered Jesus' last meal with his disciples.
- On the night Jesus was betrayed, the Lord took bread and when he had given thanks, he broke it and gave it to his disciples, saying "this is my body, broken for you, do this in remembrance of me."
- After supper Jesus took the cup, saying "this cup is the new covenant in my blood shed for you and for many for this forgiveness of sins, do this as often as you drink it in remembrance of me."
- Ever since that meal with Jesus, his people have been gathering and eating the bread and drinking the cup together to remember our Lord
- And when we do this, in a special way, the Lord is present with us
- And we are reminded that we are united with Him and with one another
- These are the gifts of God for us the people of God. Take them with thanksgiving, remembering that Christ loved you and died for you, and feed on Him in your hearts by faith.

Next:

Your HC can take communion right where they are (which is better for a dinner/HC setting)

1. Have folks eat the bread at the same time after the leader says "This is the body of Christ, broken for you."
2. Have folks drink from their own cups at the same time after the leaders says "This is the blood of Christ, shed for you."

When you are done, a leader can conclude with a prayer of your own or pray these words from the Book of Common Prayer.

Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.

And now, Father, empower us

to do the work you have given us to do,
to love and serve you
as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.